

# Let's Talk About... Inequity



#17CHS

# Wednesday August 2nd

### **Getting Inequity on the Table**

10:30 - 11:15 AM

Discussion

#### What is inequity? Why does it matter? Why now?

On Day One, presenters will get inequity on the collective table — from race and ethnicity to gender, sexual orientation and socioeconomic status — so we can talk about and experience it, boldly and honestly.

7 – 8 AM	Registration — Shavano Foyer Buffet Breakfast — Shavano Foyer and Patio, Longs Peak Virtual Reality Demo Lab — Grays Peak I
8 – 8:20 AM	Toluwanimi Obiwole Poet, Educator and Organizer @toluwaob
	Karen McNeil-Miller President and CEO, Colorado Health Foundation @COHealthFDN
8:20 – 8:45 AM	Alan Weil: Morning Session Moderator Editor-in-Chief, Health Affairs @alanrweil, @Health_Affairs
8:45 – 9:15 AM	Manuel Pastor, PhD Director, Program for Environmental and Regional Equity, University of Southern California @Prof_MPastor
9:15 – 9:45 AM	Darrick Hamilton, PhD Associate Professor of Economics and Urban Policy, The New School @DarrickHamilton
9:45 – 10 AM	Break
10 – 10:30 AM	Jay Want, MD Executive Director, Peterson Center on Healthcare and Former Chief Medical Officer, CIVHC @jaywant1

11:15 AM – 12:30 PM Lunch — Shavano Foyer and Patio, Longs Peak

12:30 – 1:30 PM Sally Kohn

Columnist and Political Commentator

@sallykohn

1:30 – 1:45 PM **Break** 

1:45 – 3:45 PM Exchange Sessions — Grays and Quandary Peaks Rooms

# How Virtual Reality Will Impact the Future of Mental Health Treatment, Training and Prevention — *Grays Peak I*

Emerging virtual reality (VR) simulations have a variety of potential applications in the mental health field. They can be used to treat post-traumatic stress disorder and phobias by recreating experiences such as flying, attending a crowded party or serving as a soldier in a war zone. The immersive power of VR can also help build empathy by enabling people to experience life through the lens of others from different cultures, environments or socioeconomic status. Participants will learn about the decades of research that supports the effectiveness of VR in a wide range of health care applications and will see for themselves in hands-on VR experiences.

Facilitators: Walter Greenleaf, PhD and Matt Vogl, National Behavioral Health Innovation Center

#### Capacity-Building Workshop: Incorporating Equity into Your Organization — Grays Peak II

Talking about equity can be difficult; walking the talk is even harder. How can professionals truly incorporate a focus on equity into their work and organizations? In this session, members of the Health Policy and Advocacy cohort will share their personal and organizational journeys promoting health equity. Participants will then meet in smaller groups and begin to incorporate tools and techniques for promoting equity in their own work and organizations.

Contributors: Lynn Borup, Tri-County Health Network; Harry Budisidharta, Asian Pacific Development Center; Noelle Dorward, The Colorado Trust; Felicia Griffin, FRESC: Good Jobs,

Strong Communities; and Jacy Montoya Price, Colorado Children's Campaign

Facilitator: Bill Fulton, The Civic Canopy

### Bold Moves to Address Inequity in Your Community: How Do You Show Up?

- Grays Peak III

What does health inequity look like to you and your community? During this session, participants are invited to share stories, examples and forms of health equity and inequity that show up in their communities. Takeaways include harvesting a list of bold actions to overcome injustice and sample templates to use back home.

**Facilitator: Shankland and Associates** 

#### **Look Upstream: Health Begins Every Day** — Quandary Peak I

Tried-and-true health improvement methods and innovative "health detailing" solutions will be adapted to help clinics and communities keep people healthy by addressing the living and working conditions that make them sick in the first place. Participants will learn how to translate this knowledge into meaningful action to improve care and the social determinants of health.

Facilitator: Rishi Manchanda, MD, HealthBegins

#### Federal Policy: Health Care and Beyond — Quandary Peak III

Interested in the current state of federal health care policies and the potential impact on Colorado? Following an overview of the latest and most relevant issues, the floor will be open to questions and a deeper discussion of how to navigate the political field through this defining time.

Facilitators: Billy Wynne, Thorn Run Partners, and Kyle Legleiter, Colorado Health Foundation

4 – 7 PM **Virtual Reality Demo Lab** — *Grays Peak I* 

4:30 - 5:30 PM **Guided Hike** — Lakeside Village Adventure Center

**Yoga** — Poolside, Keystone Lodge

Nia — Quandary Foyer

6-7 PMHappy Hour: Policymakers Meet & Greet - Shavano Foyer and Patio

An opportunity to visit with your state legislators and other Colorado policymakers.

**Entertainment: El Sistema Mentoring Ensemble** 

7 - 8:30 PM Fireside Chat — Castle Peak, 2nd Floor

> On June 17, 2015, a gunman opened fire at the Emanuel African Methodist Episcopal Church in Charleston, S.C., putting years of relationship-building between the community and police department to the test. This special evening program will delve into how community police relations can strengthen a community's long-term quality of life and safety.

Karen McNeil-Miller

President and CEO, Colorado Health Foundation

@COHealthFDN Gregory G. Mullen

Chief of Police, Charleston, S.C. Police Department (Retired)

# Thursday August 3rd

## **Bringing Your Bias to the Table**

#### Are we courageous enough to stir the pot on inequity?

On Day Two, we will dig in to a hearty discourse about how our values shape our perspectives on health inequity and how together, we can disrupt patterns that no longer serve us.

7 – 7:45 AM	<b>Yoga</b> — Studio K, Lakeside Village
7:30 – 8:30 AM	Registration — Shavano Foyer Buffet Breakfast — Shavano Foyer and Patio, Longs Peak Virtual Reality Demo Lab — Grays Peak I
8:30 – 8:45 AM	Jerome Davis Chair of the Board, Colorado Health Foundation @COHealthFDN
8:45 – 9:15 AM	Karen McNeil-Miller: Morning Session Moderator President and CEO, Colorado Health Foundation @COHealthFDN
9:15 – 9:45 AM	Kathleen Osta Regional Director, Midwest Region, National Equity Project @KathleenOstaNEP Hugh Vasquez Senior Associate, National Equity Project @HughJVasquez
9:45 – 10:15 AM	Susan Taylor Batten President and CEO, Association of Black Foundation Executives (ABFE) @SBatten
10:15 – 10:30 AM	Break
10:30 – 11 AM	Theo Wilson Founder, Shop Talk Live @Shop_Talk_Live
11 – 11:45 AM	Discussion
11:45 AM – 12:45 PM	Lunch — Shavano Foyer and Patio, Longs Peak Virtual Reality Demo Lab — Grays Peak I
12:45 – 1:30 PM	Eric Liu Founder and CEO, Citizen University @ericpliu
1:30 – 1:45 PM	Break

#### **Exchange Sessions** — Grays and Quandary Peaks Rooms

# How Virtual Reality Will Impact the Future of Mental Health Treatment, Training and Prevention – Grays Peak I

Please see Wednesday, Aug. 2 session description.

#### Our Hidden Brain: Keys to Interrupting the Impact of Implicit Bias — Grays Peak II

Implicit bias has come to be recognized as a powerful force that not only shapes individual actions but institutional policies and practices. This highly interactive session will look at three primary mechanisms that produce bias and increase understanding of how implicit bias manifests, how it perpetuates and what people can do to interrupt it with a vision for changing both individuals and systems.

Facilitators: Kathleen Osta and Hugh Vasquez, National Equity Project

#### At the HeART of Profound Conversations — Grays Peak III

Inspired by Peter Block's book title, "The Answer to How is Yes," this session will focus on a pattern of conversation that takes participants on a journey from surface to depth to encounter the heart of what matters and then back into the realm of action. Participants will be encouraged to expand their horizons and sharpen their observation skills while learning the four-level art of conversation. During the session, participants will acknowledge and respect differences, experience inclusion and build relationships as they make choices that matter to establish a foundation for active engagement. Everyone will receive the format of the four-level art of conversation, a notebook to jot down insights and a list of references for continuing exploration. Facilitator: Shankland and Associates

# Waiting for Health Equity: Exploring Racism, Poverty and Other Root Causes of Health Inequities — Quandary Peak I

The U.S. has a long, well-documented history of oppressive policies and practices that have led to significant and persistent health inequities or preventable differences in health outcomes across certain groups. To tackle these injustices, people must understand their root causes, such as institutional racism and poverty. In this session, participants will explore their shared history and reality in the context of the graphic novel "Waiting for Health Equity." They will walk away with a deeper understanding of the root causes and with ideas for moving beyond recognition toward building a proactive health equity movement.

Facilitators: Joe Sammen and Maggie Gómez, Center for Health Progress

#### Making Change Happen: A Conversation with Eric Liu — Quandary Peak II

Following today's lunchtime keynote, Eric Liu sits down for a conversation about how to make change happen. Are you ready? Do you understand power? And if you want to make change in the world, do you know how?

Facilitator: Bill Fulton, The Civic Canopy

#### Federal Policy: Health Care and Beyond — Quandary Peak III

Please see Wednesday, Aug. 2 session description.

4:30 – 5:30 PM Guided Hike — Lakeside Village Adventure Center

**Yoga** — Poolside, Keystone Lodge

Nia — Quandary Foyer

6 – 8 PM Dinner Reception — Shavano and Longs Foyers and Patios

Dr. Virgilio Licona Community Health Leadership Award Ceremony

**Entertainment: Flamenco Denver** 

8 – 11 PM **Dancing** — *Grays Peak I* 

Deejayed music provided by Katherine Rosechild



# Friday August 4th

### Having a Place at the Table

#### How can we bring health in reach for all Coloradans?

On Day Three, we will explore what it means — and what it will take — for all of us to have a place at the table. We ask you to join us in building a movement across Colorado so each of us can say, "We have all we need to live healthy lives."

7 – 7:45 AM Yoga — Studio K, Lakeside Village

7:30 – 9 AM **Registration** – Shavano Foyer

**Buffet Breakfast** — Shavano Foyer and Patio, Longs Peak

9 – 11 AM Live Performances

Sarah Jones

Playwright and Performer

@jonesarah

**Flobots** 

Denver-Based Alternative Hip-Hop Band

@flobots

**Bobby LeFebre** 

Word Architect, Performer and Cultural Worker

@BobbyLefebre

11 AM Snacks to Go

Connect with us online.

Wi-Fi Password: 17CHS

Facebook: www.facebook.com/coloradohealth

Twitter: @COHealthFDN Instagram: @cohealthfdn

Mobile Event App: bizzabo.com/download

