The Colorado Coronavirus Survey: Key Findings

In April 2020, the Colorado Health Foundation and Healthier Colorado partnered with Magellan Strategies to conduct a survey of Coloradans on the Coronavirus outbreak. The goal was to understand the experiences, concerns and needs of people from across the state as their lives are impacted by a global pandemic. This is what we learned.

**Coloradans fear the worst has yet to come.**

People of color, people living on low incomes (making $30,000 or less) and women are more likely to say the worst is yet to come.

43% of all Coloradans say the worst is yet to come.

- 55% of Black/African Americans
- 50% of those living on low incomes
- 49% of Hispanic/Latinx
- 48% of women

43% say the worst is yet to come.

Not difficult

- Low income (53%)
- Age 18-29 (52%)

Worst is behind us

- Low income (47%)
- Age 18-29 (48%)

Unsure

- Low income (39%)
- Age 18-29 (38%)

**Coloradans living on low incomes and young people are facing financial hardship.**

They report that their financial situation has gotten worse since the coronavirus outbreak.

- 53% of those living on low incomes say it’s worse.
- 52% of those ages 18-29 say it’s worse.

50% say it’s the same.

6% say it’s better.

**More Coloradans say it’s difficult to pay for basic necessities.**

Since the outbreak, more than one third of Coloradans report having difficulty paying for food, housing, utilities and health care.

- 35% report difficulty after the outbreak.
- 19% report difficulty before the outbreak.

+16% increase in difficulty since the outbreak.
The Colorado Coronavirus Survey: Mental Health and Wellness

Job losses, kids at home, social isolation — the reasons Coloradans are feeling worry and stress are clear. What's less clear is whether mental health support will be available for those who need it. The long-lasting effects of this crisis on mental wellness remain to be fully seen, but prioritizing the mental health of individuals and families is a must.

Over half of all Coloradans say that the coronavirus has negatively impacted their mental health.

For many, worry and stress have had a major impact.

Many Coloradans are concerned about lasting negative impacts to mental health.

People living on low income (making $30,000 or less) and those who have lost their jobs or income are especially worried.

Coloradans are worried that help won't be available for those who need mental health support.

7 in 10 of all respondents are very or somewhat worried.

To see the complete results and analysis of the Colorado Coronavirus Opinion Survey, visit ColoradoHealth.org.